



escape

DAY SPAS



BODY TREATMENTS

Arrive early to enjoy our complimentary refreshments and linger afterwards to infuse relaxation. Additionally, all massages for one hour or more can be upgraded to a couples spa suite.

The Escape Signature Massage

90 minutes \$185

A massage experience from top to toe combining caring hands with hot stones and Payot's wonderful balms to personalise your massage. Choose to harmonise, purify or regenerate. As muscle tensions ease you will be enveloped in balmy peacefulness and exquisite relaxation.

Swedish Massage

30 minutes \$70 45 minutes \$95

60 minutes \$115 75 minutes \$155

Our Swedish massages are tailored to your personal needs, improving circulation, calming nerves and relaxing tight muscles.

Lomi Lomi Polynesian Style Massage

60 minutes \$130 75 minutes \$160

A restorative massage using long flowing movements with continual rhythm and fluidity, releasing deep tensions within the muscles and encouraging relaxation and healing on the physical, emotional and spiritual levels.

Therapeutic Massage

45 minutes \$115 60 minutes \$145 75 minutes \$170

Our specially trained therapists will perform a penetrating massage focusing on relieving taut muscle through pressure point kneading and firm movements.

Pregnancy Massage (available at selected spas)

30 minutes \$70 45 minutes \$95 60 minutes \$115

A nurturing massage to aid relaxation using essential oils safe for your baby. This massage relieves tension in your lower and upper back, alleviates swelling in the hands and feet, whilst uplifting your spirit.

Himalayan Bath Treatment

1 hour \$145

In a private candle lit room immerse yourself in a warm hydro bath especially prepared with ancient sea salt crystals and your personally selected essential oils. Equivalent to a 3 day fast, it's detoxifying while creating harmony throughout your body and happiness within your soul. Included with your bath treatment is a foot massage or back, neck and shoulder massage.

SPECIALISED PEELING TREATMENTS

Green Peel Facial Treatments:

\$679

A serious anti-aging treatment with fabulous results in just 5 to 6 days. Included in this treatment are the green peel, 3 essential home-care products and a post peel treatment.

Mini Green Peel:

Mild peeling treatment.

\$210 per treatment

(Green peels are performed by specially trained therapists and are available at all locations.)

FACIAL TREATMENTS

Payot, Indio and escape therapists...your prescription for beautiful skin.

The Escape Ultimate Facial

2 hours \$260

This six star illuminating facial includes micro abrasion, 30 minutes of specialised massage for the back, neck, shoulders, face and scalp, micro-current firming, oxygen infusion, eye and lip treatments and specialised facial masks, leaving your skin visibly younger, firmer, smoother and you...relaxed.

Collagen Facial

1.5 hours \$195

This luxurious facial will soften fine lines, plump wrinkles and replenish vital nutrients inspiring a healthy youthful glow. Included is our famous neck, back, shoulder and facial massage plus oxygen infusion.

Recommended Extra an AHA Peel (Add \$40)

Intensive Spa Facial

75 minutes \$145

Designed to alleviate individual skin concerns using specialised ampoules and masks to strengthen, firm and nurture dry, stressed and dehydrated skins.

Recommended Extra: an oxygenating AHA treatment (Add \$55)

High Performance Anti-Aging Facial

1 hour \$155

This 'quick-fix' visually correcting facial combines oxygen, glycolic and collagen to give radiance and moisture back to dehydrated, dull and dry skins producing long lasting results.

Purifying Facial

1 hour \$145

This deep cleansing Indio facial refines pores, soothes and nourishes the skin leaving it cleaner and clearer. The purifying facial includes extractions, a fruit peel and a specialised lymphatic massage.

Sensitive SOS Facial

45 minutes \$105

1 hour \$145

Sensitive skins always need specialised products so we have designed, with the help of Payot, a facial specifically targeting red dehydrated and reactive complexions leaving them nourished, evenly toned and dewy.

Hydration Facial

30 minutes \$70

45 minutes \$95

1 hour \$125

Timed to suit your needs these facials are individually tailored to necessitate instant results and alleviate your concerns.

The Escape Mens Signature Facial

30 minutes \$70

45 minutes \$95

1 hour \$135

Revitalising and deep cleansing treatments using micro-abrasion, specialised clays and minerals to strengthen, purify, soothe and regenerate making the skin feel more comfortable and look younger.

Recommended Extras: An AHA treatment (Add \$40)

An oxygenating AHA treatment (Add \$55)

SPA PACKAGES:

All our packages have complimentary refreshments. Selections include savoury, sweet or combo escape plates, champagne, herbal teas and chocolates.

The Signature Escape

Over 2.5 hours \$315 OR upgrade to a couples spa suite \$630 for 2

Choose to relax and harmonise, correct or revive with an escape and Payot spa experience. Firstly your body is polished to smoothness with mineral crystals, gemstone balms and extracts, then cocooned in either pink, green or white clays blended with precious oils to rejuvenate. To re-energise hydrotherapy and an escape taste plate, then followed by a full body massage or hydration facial. Pure bliss...

The Couples Escape

Over 2 hours \$525 for 2

Combining romance with rejuvenation, relaxation and luxury including.... full body exfoliations to smooth, body wraps to harmonise and while wrapped facial deep cleanses, exfoliations and massages, aromatherapy hydrotherapy and an escape taste plate for two. Lastly a 30 minute facial or massage.

Girls just want to have fun!

Any 3 mini treats for \$210 pp

A package designed for two or more to share; a little luxury, fun and spa treatments. Great idea for a bridal shower. Select from: facial, pedicure, manicure, massage or body exfoliation with aromatherapy shower.

The Renewing Escape

Over 2 hours \$250

An experience in Payot luxury to restore vitality and relieve any aches and pains including a full body exfoliation, hydrotherapy and a 1 hour massage using specialised balms, crystals and extracts.

The Male Escape

Over 2 hours \$250

Designed with the stressed male in mind! Including hydrotherapy or detox box, a 1 hour massage and a 30 minute foot or facial treatment to relieve, relax and de-stress.

The ½ Day Escape

4 hours \$450

This escape starts with a relaxing 1 hour Swedish massage and an escape taste plate with tea. Then indulge in a high performance anti-aging facial, eye lash tint, eye brow wax and tint followed by AHA foot or anti-aging hand therapy, chocolates and champagne. Redesigned, our male escapees can enjoy this ½ day escape too.

The Great Escape

(Available from 9.30 am to 3.30 pm week days only)

6 hours \$600.

This is everything you could imagine and more...luxury and pampering to intoxicate, invigorate and indulge the senses, body, mind and soul starting with a lemongrass and ginger tea, Payot full body exfoliation, wrap, hydrotherapy and a 1 hour massage. Then enjoy a delicious lunch with an afternoon including an intensive spa facial, foot and hand spa therapy with champagne and a fruit dipping chocolate surprise.

escape... you deserve to

Tanning *(Using St Tropez Tanning Mousse)*

Full Body Tan Application	\$75
Full Body Payot Exfoliation & Tan Application	\$105

Make-up

Make-ups for all occasions	from \$85
Special Bridal Make-up Packages (In Spa or At Home)	POA

Bridal Packages

Bride Pre – Wedding Face and Body Treatment Plans, Group booking discounts for Bridal Shower Spa Parties and Honeymoon Spa Experiences are available.	POA
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Waxing

Eyebrows, chin, lip or under-arm	\$22.50 each
Eyebrow complete re-shape	\$50
Bikini	from \$25
Bikini and under arm	from \$40
Brazilian	from \$75
Half leg / Full leg	from \$35

Tinting

Eyelash Tinting	\$30
Eyebrow Tinting	\$25
Both	\$45

Hands

30 minute manicure \$70	45 minute hand therapy \$95
1 hour anti-aging hand therapy \$125	

Relax and enjoy all of our hand spa therapy treatments - everything we do, from a manicure to the escape anti-aging hand treatment, will be done while you are lying down...close your eyes and let us take care of you.

Feet

30 minute pedicure \$70	45 minute foot therapy \$95
1 hour AHA foot therapy treatment \$125	

Lie back, put your feet up and drift off.....while we scrub, smooth, soothe, relax, pamper and treat your tired, aching feet.

Claremont Spa Only:

IPL permanent hair removal	POA
IPL collagen rejuvenation and pigmentation treatments	POA

Escape.....you deserve to.

All our spas can be reserved exclusively for your corporate event, wedding party or bridal shower. Give the gift of relaxation... our gift vouchers can be purchased on-line or over the phone. Visit escapedayspas.com.au for all information on spa policies, purchases, recommendations and responsibilities.



Rescheduling or cancelling an appointment requires 24 hours notice. Cancelling outside this time or failure to attend an appointment may result in your credit card being charged or gift voucher being redeemed. We accept all major credit cards and require your credit card or gift voucher details to confirm your appointments.

Burswood

InterContinental Burswood Resort Perth
Great Eastern Highway WA 6000
P: (08) 9362 5777
E: burswood@escapedayspas.com.au

Kings Park

Next Generation Club
Kings Park Road
P: (08) 9322 2477
E: kingspark@escapedayspas.com.au

Dunsborough

The Wyndham Vacation Resort & Spa
Caves Road, Dunsborough WA 6280
P: (08) 9756 8977
E: dunsborough@escapedayspas.com.au

Bunbury

The Mantra Hotel
Casuarina Drive, Bunbury WA 6230
P: (08) 9721 3877
E: bunbury@escapedayspas.com.au

Spa Hours:

Monday to Saturday 9am to 7pm
Sunday and Public Holidays 10am to 5pm by appointment only

Claremont

(Above Friendlies Pharmacy)
20 Bay View Terrace, Claremont WA 6010
P: (08) 9383 4328
E: claremont@escapedayspas.com.au
Spa Hours for Claremont only.
Monday, Tuesday, Wednesday and Friday 9am to 5.30pm
Thursday 9 am to 8pm
Saturday 9am to 5pm

Hours are subject to seasonal changes.